



Cabled Winter Headband

By Hanane

Worsted Weight Wool I used Superwash Nature's Fleece Germantown

Size 6 needles

Cast on 16

Section 1

Row 1 K1 [p2, k1] 4 times

Row 2 P1 [k2, p1] 4 times

Repeat for 1 ½ “ end with Row 2

Section 2

Row 1 K1 [p1, kfb] 4 times p2, k1 (20 stitches)

Row 2 P1 [k1, p2] 4 times k2 p1

Row 3 K1 [p1, k2] 4 times p2 k1

Row 4 P1 [k1, p2] 4 times k2 p1

Repeat rows 3-4 until piece measures 3” total end with row 4

Section 3

Row 1 K1 [p2, k1, kfb] 4 times p2 k1 (24 stitches)

Row 2 P1 [k2, p2] 4 times k2 p1

Row 3 K1 [p2, k2] 4 times p2 k1

Row 4 P1 [k2, p2] 4 times k2 p1

Repeat rows 3-4 until piece measures 4 ½ “ end row 4

Section 4

Row 1 K1 [p2, k2, kfb] 4 times p2 k1 (28 stitches)

Row 2 P1 [k2 p4] 4 times k2 p1

Row 3 K1 [p2, k4] 4 times p2 k1

Row 4 P1 [k2 p4] 4 times k2 p1

Repeat rows 3-4 until piece measures 6” end row 4

Section 5 Cable Section ****see note****

Rows 1, 3, 5, 7 K2 P4 K1 P2 K1 P8 K1 P2 K1 P4 K2

Rows 2, 4, 6 Knit

Row 8 K2, C4B K4 C8B K4 C4F K2

Repeat these 8 rows 5 more times approx 12" total end row 1

Section 6

Row 1 P1 [k2, p4] 4 times k2 p1

Row 2 K1 [p2, k4] 4 times p2 k1

Repeat these 2 rows until piece measures 13 1/2" end row 2

Section 7 (begin decreases)

Row 1 K1[p2, k2, k2tog] p2 k1

Row 2 P1 [k2, p3] 4 times k2 p1

Row 3 K1 [p2, k3] 4 times p2 k1

Row 4 P1 [k2 p3] 4 times k2 p1

Repeat row 3-4 until piece measures 15" end row 4

Section 8

Row 1 K1 [p2, k1, k2tog] 4 times p2 k1 (20 stitches)

Row 2 P1 [k2, p2] 4 times k2 p1

Row 3 K1 [p2, k2] 4 times p2 k1

Row 4 P1 [k2 p2] 4 times k2 p1

Repeat rows 3-4 until piece measures 16 1/2"

Section 9

Row 1 K1[p2 k2tog] 4 times p2, k1 (16 stitches)

Row 2 P1 [k2, p1] 4 times k2 p1

Row 3 K1 [p2, k1] 4 times p2 k1

Row 4 P1 [k2, p1] 4 times k2, p1

Repeat rows 3-4 until piece measures 18'

BO in pattern sew ends together

**** Note****

C4B = Slip 2 stitches Purl wise on to cable needle hold to back knit next 2 stitches, Knit 2 stitches from cable needle

C8B= Slip 4 stitches Purl wise on to cable needle hold to back knit next 4 stitches, Knit 4 stitches from cable needle

C4F= Slip 2 stitches Purl wise on to cable needle hold to front knit next 2 stitches, Knit 2 stitches from cable needle